

BE
Strong
AND COURAGEOUS
2024 WALK & RUN FOR LIFE



WELLSPRING LIFE MINISTRY'S
**WALK AND 5K RUN
FOR LIFE**

5k timed trail run • Life Walk • Kids races

SATURDAY SEPTEMBER 21

**MID-ATLANTIC COMMUNITY CHURCH
2485 DAVIDSONVILLE RD
GAMBRILLS, MD**

*Join Wellspring Life Ministry as we raise funds
to provide life-affirming care and support to women
in our community, empowering them
to choose life for their families!*

Wellspring Life Ministry is a 501(c)(3) non-profit. All donations are tax deductible.

WALKANDRUN.ORG