

Wellness Clinic 5k

Age Group Results

September 21, 2024

Results By Bluepoint Timing, Inc.

Men: [Top Finishers](#) [0-12](#) [13-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#) [70-79](#)

Women: [Top Finishers](#) [0-12](#) [13-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-69](#) [70-79](#)

5K

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Female Open Winners

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Kelly Tarsi		215	44	7	23:11.22	7:29/M

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Male Open Winners

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Andy Klem		194	33	1	19:51.74	6:24/M

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Female 12 and Under

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Julianne Heindl		71	12	12	23:38.23	7:37/M
2	Cassidy Kowalski		86	11	43	27:22.85	8:50/M
3	Marianna Scrivener		144	12	48	27:27.56	8:51/M
4	Leona Leigh		96	11	84	30:10.63	9:44/M
5	fiona spano		161	12	88	30:19.10	9:47/M
6	Kourtney Head		69	12	103	31:08.76	10:03/M
7	Jane Deterding		37	11	160	37:04.28	11:58/M
8	Gabriella Solares		155	12	169	38:15.09	12:20/M
9	Eilidh Murray		125	11	175	39:41.72	12:48/M
10	Anna Murray		124	9	177	39:54.60	12:52/M
11	Jane Lyman		102	7	179	39:58.15	12:54/M

DQ Alyssa Crouch 32 12 DQ 23:40.01 7:38/M
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Male 12 and Under

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	David O'Neal		299	12	15	24:35.18	7:56/M
2	Unknown Participant		232	11	21	24:51.28	8:01/M
3	James O'Neal		209	10	52	27:48.35	8:58/M
4	Otto Shaw		146	9	77	29:55.12	9:39/M
5	Benjamin Jones		228	12	81	30:04.20	9:42/M
6	Roman O'Neal		200	6	108	31:21.40	10:07/M
7	Javier Trovato		172	7	125	32:19.11	10:26/M
8	Matthew Marcucilli		104	11	128	32:55.98	10:37/M
9	Jensen Mercer		206	8	139	34:18.52	11:04/M
10	Isaac Scrivener		202	9	145	34:58.78	11:17/M
11	Daniel Johnson		78	12	168	38:13.06	12:20/M
12	Jackson Heindl		84	10	172	39:29.38	12:44/M
13	Owen Thigpen		167	10	176	39:50.10	12:51/M
14	Lachlan Murray		207	6	180	40:00.48	12:54/M

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Female 13 to 19

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Mia Funk		53	13	19	24:50.49	8:01/M
2	Adeline Heindl		70	14	37	27:06.60	8:45/M
3	Lois Broggi		13	15	47	27:26.82	8:51/M
4	Hannah Leeman		93	17	50	27:31.99	8:53/M
5	Gracie Russell		139	16	59	28:02.40	9:03/M
6	Gretchen Payne		193	14	67	28:29.54	9:11/M
7	Rachel Schwarts		211	14	83	30:07.32	9:43/M
8	Ainsley Bachmann		2	14	86	30:12.30	9:45/M
9	Marina Leigh		97	13	89	30:24.98	9:49/M
10	Audrey Ruth		216	18	90	30:38.95	9:53/M
11	Rachel Watson		178	13	99	30:59.47	10:00/M
12	Ruthie Goodman		59	13	102	31:07.36	10:02/M
13	Riley Casey		23	15	110	31:27.50	10:09/M
14	Ariel Leigh		94	16	117	32:08.68	10:22/M
15	Isabelle Coleman		26	17	127	32:50.90	10:36/M
16	Kateri Solares	Bowie MD	156	16	141	34:25.11	11:06/M
17	Iona Murray		126	13	144	34:52.90	11:15/M
18	Esther Franklin		48	13	151	35:56.65	11:36/M
19	Phoebe Wang		176	15	152	35:58.07	11:36/M

20	Olivia Crane	Annapolis MD	31	17	155	36:55.60	11:55/M
21	Sophia Berger		191	17	158	37:02.60	11:57/M
22	Sophie Devoto		220	13	159	37:03.41	11:57/M
23	Madeline Coleman		27	16	174	39:33.25	12:46/M
24	Stella Vars		174	17	186	40:29.61	13:04/M
25	Hazel Lui		98	19	187	40:33.03	13:05/M
26	Lyla Grove		298	16	193	47:43.45	15:24/M
27	Sophia Trammell		297	17	194	47:43.55	15:24/M

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Male 13 to 19

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Jake Head		68	16	2	21:07.67	6:49/M
2	Luke Hama		66	19	4	21:27.36	6:55/M
3	Jacob Schrader		204	14	6	22:51.98	7:23/M
4	calvin spano		159	15	8	23:18.17	7:31/M
5	Drew Martin		105	16	9	23:19.64	7:31/M
6	Andrew Willhite		181	17	10	23:31.52	7:35/M
7	Wilson Kowalski		88	13	13	24:08.72	7:47/M
8	Benjamin Conrad		28	14	16	24:36.23	7:56/M
9	Elliot Wiley		291	15	18	24:46.30	7:59/M
10	Nathan Greenip		63	13	26	25:55.61	8:22/M
11	Andrew Heath		293	14	62	28:13.95	9:06/M
12	Jackson Avery	MD	198	15	70	29:00.32	9:21/M
13	Noah Russell		140	14	71	29:04.04	9:23/M
14	Jackson Borowry		222	13	72	29:17.65	9:27/M
15	Joel Porcher		130	14	92	30:41.38	9:54/M
16	Evÿn Tessneer		166	17	116	32:07.84	10:22/M
17	Cole Mitchell		116	19	119	32:12.67	10:23/M
18	Hayden Tahami		285	16	133	33:38.93	10:51/M
19	Josiah Starr	Fort George G Meade MD	286	14	134	33:39.83	10:52/M
20	Cameron Killian		81	13	137	33:59.16	10:58/M
21	Santiago R Solares		158	14	143	34:52.52	11:15/M
22	Lucas Jorgensa		229	13	162	37:27.14	12:05/M

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Female 20 to 29

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Lydia Tyler		173	21	63	28:14.39	9:07/M
2	Clara Wolfe		184	28	80	30:03.41	9:42/M
3	Becca Alejos		1	28	87	30:13.28	9:45/M
4	Emily Vickers		205	23	91	30:40.70	9:54/M

5	Danielle Hepler	72	29	97	30:56.30	9:59/M
6	Bethany Dziwura	192	29	104	31:10.78	10:03/M
7	Noelle Ray	132	27	107	31:18.82	10:06/M
8	Melita Klassen	82	29	129	33:08.40	10:41/M
9	Carmen Martinez	106	28	136	33:50.29	10:55/M
10	Sarah Young	185	28	149	35:29.06	11:27/M
11	Brandi Butler	17	28	164	37:38.26	12:08/M

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Male 20 to 29

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Noah Sundberg		164	23	3	21:18.39	6:52/M
2	Mohamed Bangura		189	26	5	21:36.06	6:58/M
3	Reece Clark		218	27	14	24:31.17	7:55/M
4	Alexander Bouffard		11	29	22	25:02.50	8:05/M
5	Julian Slick		149	29	42	27:19.79	8:49/M
6	John Villano		217	21	65	28:20.43	9:09/M
7	Parker Fisher		45	28	79	30:01.40	9:41/M
8	Noah Diekemper		38	29	101	31:05.51	10:02/M
9	Max Howie	Arnold MD	76	23	105	31:15.21	10:05/M
10	Jonathan Mohl		117	25	112	31:33.00	10:11/M
11	Noah Fowler		46	29	130	33:22.30	10:46/M
12	Elisha Seitz	Severn MD	145	24	131	33:27.37	10:48/M
13	Jacob Voelp		175	24	135	33:48.05	10:54/M
14	Nicholas Bouffard		12	25	161	37:06.12	11:58/M
15	Colin McGee		111	27	166	37:50.38	12:12/M
16	Ian McGee		112	25	183	40:14.17	12:59/M
17	Finn McMahan		196	24	189	41:41.90	13:27/M

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Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Haylee Campbell		21	31	20	24:51.00	8:01/M
2	Coreen DeCarlo		36	37	46	27:25.92	8:51/M
3	Denise Holmes		73	30	51	27:43.62	8:57/M
4	Rachael Morrison		122	39	54	27:56.51	9:01/M
5	Rebecca Knoll	Millersville MD	85	32	56	27:58.87	9:02/M
6	Allison Clapp		25	33	58	28:01.03	9:02/M
7	Anna Lyman		101	31	61	28:12.80	9:06/M
8	Christina Scrivener	Galesville MD	143	38	64	28:16.51	9:07/M
9	Sara Wolf		183	34	78	29:58.23	9:40/M
10	Lydia Murray		127	37	100	31:04.04	10:01/M

11	Lisette O'neal		300	39	109	31:23.15	10:07/M
12	Bekah Francis		47	33	118	32:10.19	10:23/M
13	Anna McVae		113	33	121	32:15.08	10:24/M
14	Kaitlyn Gatewood		58	30	167	38:02.43	12:16/M
15	Elizabeth Kramer		89	38	191	42:42.65	13:47/M
16	Heidi Crouch	Chesapeake Beach MD	33	38	197	49:24.30	15:56/M

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Male 30 to 39

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Ben Saunders		142	35	11	23:37.34	7:37/M
2	Jon Pickens	Annapolis MD	226	37	23	25:04.34	8:05/M
3	Caleb Smith		151	30	27	26:08.84	8:26/M
4	Noah Conrad		29	32	28	26:10.50	8:27/M
5	Benjamin Smith		150	33	30	26:16.23	8:28/M
6	Ben Zintak		187	37	31	26:17.16	8:29/M
7	Bryan McVae		114	32	36	26:57.55	8:42/M
8	Carlos Zepeda		186	36	38	27:08.97	8:45/M
9	Joshua Lyman		219	31	39	27:10.07	8:46/M
10	Nate Halverson		65	39	44	27:24.42	8:50/M
11	David Brower		14	35	45	27:25.09	8:51/M
12	Jonathan Blake		9	35	53	27:54.44	9:00/M
13	Eric Smith	Glen Burnie MD	201	32	55	27:57.76	9:01/M
14	Daniel Roberson		136	35	57	28:00.15	9:02/M
15	Brian Richards		135	36	66	28:23.01	9:09/M
16	Steven Watson		179	38	82	30:06.22	9:43/M
17	Nathan Bailey		4	33	98	30:57.87	9:59/M
18	Horace Trovato		171	35	124	32:18.27	10:25/M
19	Jeremy Mercer		213	34	140	34:19.96	11:05/M

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Female 40 to 49

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Laura Hartman		67	40	29	26:15.00	8:28/M
2	Mandy Ball	Crownsville MD	5	48	33	26:38.32	8:36/M
3	pamela kowalski		87	46	49	27:28.60	8:52/M
4	Carissa Eidem		43	42	68	28:43.66	9:16/M
5	Shuey Thigpen	Annapolis MD	168	41	73	29:19.62	9:28/M
6	Joanna Borowy		10	43	75	29:44.85	9:36/M
7	Sara Shaffer		294	49	126	32:30.57	10:29/M
8	Kelly Leary		92	46	148	35:20.03	11:24/M
9	Jen Franzke		50	45	153	36:23.12	11:44/M

10	Ginger Wiley		295	48	163	37:37.80	12:08/M
11	Megan Heath		292	47	170	38:56.21	12:34/M
12	Lianna Stockeland		163	42	173	39:30.47	12:45/M

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Male 40 to 49

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Robert Franklin		49	43	24	25:27.90	8:13/M
2	Brian Leigh	Laurel MD	95	41	34	26:45.55	8:38/M
3	Martin Kwedar		90	42	35	26:49.92	8:39/M
4	Joe Franzke		51	45	40	27:11.18	8:46/M
5	Nate Chambers		24	43	41	27:13.55	8:47/M
6	Barry Willhite		182	43	60	28:12.46	9:06/M
7	david hansen	Crofton MD	208	43	69	28:52.26	9:19/M
8	Jeff Leary		91	46	74	29:39.73	9:34/M
9	Raymond Heindl		83	43	76	29:53.15	9:38/M
10	Adam Campbell		20	44	94	30:46.75	9:56/M
11	Stephen Hord		74	48	96	30:53.44	9:58/M
12	Torrey Snow		152	41	106	31:17.65	10:06/M
13	Cason Green	Crofton MD	62	47	114	31:44.79	10:14/M
14	Justin McClain		110	42	122	32:16.10	10:25/M
15	Jason Lui		99	42	123	32:16.20	10:25/M
16	Justin Bachmann		3	47	154	36:40.01	11:50/M
17	TJ Thigpen	Annapolis MD	169	42	182	40:05.70	12:56/M

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Female 50 to 59

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Heather Dirkse		40	52	95	30:49.65	9:57/M
2	Sharon Greenip		64	53	113	31:42.59	10:14/M
3	Janine Dolinka		41	57	147	35:19.21	11:24/M
4	Mary Beth Dahl		35	56	171	39:13.37	12:39/M
5	Petra Roche		137	52	192	44:48.34	14:27/M

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Male 50 to 59

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Albert Scharbach		221	52	17	24:45.20	7:59/M
2	Chad Dirkse		39	57	85	30:11.74	9:44/M
3	Scott Greenip	Crofton MD	296	52	111	31:30.18	10:10/M
4	Cameron Dahl		34	56	165	37:48.35	12:12/M
5	Santiago D Solares		157	51	178	39:56.12	12:53/M

6 Chip Crane Annapolis MD 30 55 185 40:20.28 13:01/M
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Female 60 to 69

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Colleen Weber		180	61	120	32:14.60	10:24/M
2	Lori Yeager		190	69	138	34:14.70	11:03/M
3	Cynthia Barney		7	63	150	35:35.14	11:29/M
4	Cathy Donellan		42	63	188	40:37.59	13:06/M
5	Deborah Belo		227	61	190	41:45.65	13:28/M
6	Barbara Pruitt		197	61	199	52:15.20	16:51/M

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Male 60 to 69

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Bob Topp	MD	170	67	25	25:31.12	8:14/M
2	Jim Patton	West River MD	128	60	32	26:23.54	8:31/M
3	Rik Jowers		80	68	93	30:43.00	9:55/M
4	Kevin Butler	Gambrills MD	18	60	115	31:47.98	10:15/M
5	Kevin William		225	62	132	33:28.34	10:48/M
6	Kip Gannett	Bowie MD	57	69	142	34:46.12	11:13/M
7	Jeffrey Watson		177	69	146	35:02.83	11:18/M
8	Terry Pruitt		131	61	157	37:01.60	11:57/M
9	David Frierson		52	69	195	48:31.45	15:39/M

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Female 70 to 79

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Tait Powell	Severna Park MD	210	70	156	36:57.15	11:55/M
2	Carla Sims		148	74	196	48:36.00	15:41/M

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Male 70 to 79

Place	Name	City	Bib No	Age	Overall	Total Time	Pace
1	Phil Lyman	Gambrills MD	212	72	181	40:03.37	12:55/M
2	Jeff Grant		61	72	184	40:15.82	12:59/M
3	Stephen Barney		8	72	198	51:17.40	16:33/M
